

# **Pour Out Your Heart**

Westside Baptist Ladies Conference  
with Abigail Crockett

~Trust in Him at all times; ye people, pour out  
your heart before Him: God is a refuge for us.  
Psalm 62:8~

**Praise Repent Ask Yield**

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## **Praise Our Creator**

From Psalm 8

O Lord, our Lord, how excellent is thy name  
in all the earth! Who hast set thy glory above  
the heavens.

When I consider thy heavens, the work of thy fingers, the moon and the stars, which thou hast ordained; What is man, that thou art mindful of him? And the son of man, that thou visitest him?

Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet. All sheep and oxen, yea, and the beasts of the field; the fowl of the air, and the fish of the sea, and whatsoever passeth through the paths of the seas. O Lord our Lord, how excellent is thy name in all the earth!

From Psalm 74

The day is thine, the night also is thine: thou hast prepared the light and the sun. Thou hast set all the borders of the earth: thou hast made summer and winter.

From Psalm 89

O Lord God of hosts, who is a strong Lord like unto thee? Or to thy faithfulness round about thee? Thou rulest the raging of the sea: when the waves thereof arise, thou stillest them.

The heavens are thine, the earth also is thine: as for the world and the fullness thereof, thou hast founded them. The north and the south thou hast created them: Tabor and Hermon shall rejoice in thy name.

From Psalm 90

Lord, thou hast been our dwelling place in all generations. Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

From Psalm 102

Of old hast thou laid the foundation of the earth: and the heavens are the work of thy hands.

From Psalm 104

Bless the Lord, O my soul. O Lord my God, thou art very great; thou art clothed with honour and majesty. Who coverest thyself with light as with a garment: who stretchest out the heavens like a curtain:

From Psalm 119

Thy hands have made me and fashioned me: give me understanding, that I may learn thy commandments.

From Psalm 139

I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

# Repent of Our Sin

## Psalm 51

Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I acknowledge my transgressions: and my sin is ever before me.

Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest.

Behold, I was shapen in iniquity; and in sin did my mother conceive me.

Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.

Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

Make me to hear joy and gladness; that the bones which thou hast broken may rejoice.

Hide thy face from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God; and renew a right spirit within me.

Cast me not away from thy presence; and take not thy holy spirit from me.

Restore unto me the joy of thy salvation; and uphold me with thy free spirit.

Then will I teach transgressors thy ways; and sinners shall be converted unto thee.

Deliver me from bloodguiltiness, O God, thou God of my salvation: and my tongue shall sing aloud of thy righteousness.

O Lord, open thou my lips; and my mouth shall shew forth thy praise.

For thou desirest not sacrifice; else would I give it: thou delightest not in burnt offering.

The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise.

Do good in thy good pleasure unto Zion: build thou the walls of Jerusalem.

Then shalt thou be pleased with the sacrifices  
of righteousness, with burnt offering and  
whole burnt offering: then shall they offer  
bullocks upon thine altar.

Search me, O God, and know my heart today,  
Try me, O Savior, know my thoughts, I pray;  
See if there be some wicked way in me;  
Cleanse me from every sin, and set me free.

I praise Thee, Lord, for cleansing me from sin;  
Fulfill Thy word and make me pure within;  
Fill me with fire, where once I burned with  
shame;  
Grant my desire to magnify Thy name.

Lord, take my life, and make it wholly Thine;  
Fill my poor heart with Thy great love divine;  
Take all my will, my passion, self and pride;  
I now surrender, Lord, in me abide.

Search me, O God  
Author: J. Edwin Orr



# Ask for Answers

## Psalm 20

The Lord hear thee in the day of trouble; the name of the God of Jacob defend thee;

Send thee help from the sanctuary, and strengthen thee out of Zion;

Remember all thy offerings, and accept thy burnt sacrifice; Selah.

Grant thee according to thine own heart, and fulfil all thy counsel.

We will rejoice in thy salvation, and in the name of our God we will set up our banners: the Lord fulfil all thy petitions.

Now know I that the Lord saveth his anointed; he will hear him from his holy heaven with the saving strength of his right hand.

Some trust in chariots, and some in horses:  
but we will remember the name of  
the Lord our God.

They are brought down and fallen: but we are  
risen, and stand upright.

Save, Lord: let the king hear us when we call.

## Psalm 86

Bow down thine ear, O Lord, hear me: for I  
am poor and needy.

Preserve my soul; for I am holy: O thou my  
God, save thy servant that trusteth in thee.

Be merciful unto me, O Lord: for I cry unto  
thee daily.

Rejoice the soul of thy servant: for unto thee,  
O Lord, do I lift up my soul.

For thou, Lord, art good, and ready to forgive;  
and plenteous in mercy unto all them that call  
upon thee.

Give ear, O Lord, unto my prayer; and attend  
to the voice of my supplications.

In the day of my trouble I will call upon thee:  
for thou wilt answer me.

Among the gods there is none like unto thee,  
O Lord; neither are there any works like unto  
thy works.

All nations whom thou hast made shall come  
and worship before thee, O Lord; and shall  
glorify thy name.

For thou art great, and doest wondrous  
things: thou art God alone.

Teach me thy way, O Lord; I will walk in thy  
truth: unite my heart to fear thy name.

I will praise thee, O Lord my God, with all my heart: and I will glorify thy name for evermore.

For great is thy mercy toward me: and thou hast delivered my soul from the lowest hell.

O God, the proud are risen against me, and the assemblies of violent men have sought after my soul; and have not set thee before them.

But thou, O Lord, art a God full of compassion, and gracious, long suffering, and plenteous in mercy and truth.

O turn unto me, and have mercy upon me; give thy strength unto thy servant, and save the son of thine handmaid.

Shew me a token for good; that they which hate me may see it, and be ashamed: because thou, Lord, hast holpen me, and comforted me.

## Yield to the Lord

From Psalm 62

For God alone, O my soul, wait in silence, for my hope is from him.

From Psalm 25

To you, O lord, I lift up my soul. O my God, in you I trust; let me not be put to shame; let not my enemies exult over me.

Make me to know your ways, O Lord; teach me your paths.

Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.

From Psalm 38

But for you, O Lord, do I wait; it is you, O Lord my God, who will answer.

Do not forsake me, O Lord! O my God, be not far from me!

Make haste to help me, O Lord, My salvation!

I once was lost in darkest night  
Yet thought I knew the way  
The sin that promised joy and life  
Had led me to the grave  
I had no hope that You would own  
A rebel to Your will  
And if You had not loved me first  
I would refuse You still

Hallelujah! All I have is Christ  
Hallelujah! Jesus is my life

But as I ran my hell-bound race  
Indifferent to the cost  
You looked upon my helpless state  
And led me to the cross  
And I beheld God's love displayed  
You suffered in my place  
You bore the wrath reserved for me  
Now all I know is grace

Now, Lord, I would be Yours alone  
And live so all might see  
The strength to follow Your commands  
Could never come from me  
O Father, use my ransomed life  
In any way You choose  
And let my song forever be  
My only boast is You

Hallelujah! All I have is Christ  
Hallelujah! Jesus is my life

All I Have Is Christ  
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Grace Praise